

Maternity Resources

This resource list has been designed with the black & brown families in mind! We want to ensure all birthing bodies are aware of the options they have for the preferences they desire throughout their maternity journey!

This list is updated periodically and may not include every service available in the Houston area. If you have questions of trouble contacting any of the following resources, please contact us via email to be redirected!

HOUSTON AREA MIDWIVES

(* Indicates Provider accepts Medicaid Plans)

*Bay Area Community Birth Center:

<http://www.bayareacommunitybirthcenter.com/>

The Birthing Place:

www.thebirthingplace.com

*Full Circle Family Services Frances Coleman:

<http://www.fullcirclefamilyservices.com/>

The Houston Birth House Maria Rojas:

www.thehoustonbirthhouse.com

*The Addice Birth Center: <http://www.theaddice.com/>

*The North Houston Birth Center:

<http://www.nhbirth.com/>

Katy Birth Center: <http://www.katybirthcenter.com/>

Yellow Rose Midwifery & Birth Center:

<https://www.yellowrosemidwives.com>

The Journey Birth Center & Midwifery Care:

<https://journeybirthcenter.com/>

Catrice Harris:

catrice.harris@gmail.com

POSTPARTUM SERVICES

Lactation Support

Catrice Harris, LC: catrice.harris@gmail.com

<http://www.babiesbeststart.com/>

SOS Lactation:

<https://soslactation.com/book-a-consultation/>

African American Breastfeeding Alliance of Texas:

281.733.5680 info@ttbrthevillage.org

Lactation Foundation: <https://med.uth.edu/lactation-foundation/>

La Leche League International: <https://www.llli.org/>

Postpartum Support

Marley & Moo Maternity Concierge:

<http://www.marleymoomaternity.com/>

Honey Dip Yoni Spa: www.honeydipyonispa.com

Harmonious Birthing:

www.holisticbirthandhealth.com

Sol Y Luna Postpartum Services:

solylunapostpartum@gmail.com

LilliDoula Birth Services:

www.lilidoulabirth.com

BABY/BELLY RESOURCES



Free Baby Items: Maternity Journey: Submit a request on our site! <https://www.maternityjourney.org/request>

Free Formula: Life House Houston 713.528.6044
www.lifehouston.org

Foundation for Life:

Free Car Seat: 800.252.8255

www.dshs.state.tx.us/saferiders

Free Diapers: 713.807.1111 www.thediaperfoundation.org

Gods Lovely Butterflies Maternity: 832.264.7491

Free Cribs: www.cribs4kids.org

Free ultrasounds: 713.425.3100

Free Maternity Clothes/Materials:

Life Advocates on 290: 1.800.395.HELP

Source for women: 713.780.0030

Mother Milk Bank: 877.813.6455

Ultrasounds: Fulilove Pregnancy Center:

www.fullilovepc.com

HOUSING RESOURCES

Mission of Yahweh: 713.468.4785

Star of Hope (1st come 1st serve daily): 713.222.2220

Magnificent House: 713.224.1373

Fort Bend Women's Center: 281.342.4357

Family Time (call after 5 daily for availability): 281.446.2615

The Covenant House Texas (ages 18-14): 713.523.223

MENTAL HEALTH HELP

Therapy For Black Girls: www.therapyforblackgirls.com

She Matters – Mental Health: info@shematters.io

The Source: www.thesource.org

CHILD CARE SERVICES

Briana - Bringing Da Peace: presencematters@icloud.com

Kamille: 832.578.9474

Yaffa: 832.949.5238

Tori: 832.820.9998

WELLNESS SERVICES

Prenatal Chiropractic Services

Vital Family Chiropractic: 832.919.8289

Inner Peace Chiropractic: 713.364.3506

Abound Chiropractic: 713.730.9410

Placenta Encapsulation Services

Johana the Doula: 713.298.0838

Houston Placenta Services:

www.houstonplacentaservices.com

Crystal-Fruit of Your Labour:

fruitofyourlabour20@gmail.com

Bee The Doula, LLC

www.beethedoula.com

NurseNikki (woman's health):

nikki@nursenikkinp.com

Harmonious Birthing:

www.holisticbirthandhealth.com

www.thehippyeducator.com

Clinics near you: www.getyourcare.org/locations

Pediatricians

Dr. Wei – 713.782.2770

Dr. Kemba Black – 713.442.1500/4000

Dr. Mitchell – 832.828.2100

General Wellness (Spiritual, Food Prep, Fitness, Massage,

Reiki, Pre-Conception Services)

Loving The Journey

www.lovingthethejourneyy.com

Kyana - KYWI BABE: kkywwii@gmail.com

Hippy Educator: